

Dr. Millet's Preoperative Surgery Guidelines

1. Shower with antibacterial Soap (DIAL) beginning 5 day prior to your procedure
 - Wet skin and wash body from the neck down, front and back, leave soap on for 1-2 minutes
 - Pay attention to the groin area, belly button, skin folds, underarms, hands, and feet. As well as the area where you are having surgery.
 - Ask someone for help if you are unable to wash certain areas of your body.
 - Rinse well
 - Gently dry with a clean towel

2. Use Hibiclens Antibacterial Soap (may purchase at drug store) the day before and the morning of your surgery.
 - Do not use Hibiclens on mucous membrane such as your genital. Do not get in your eyes or ears
 - Follow package directions when using Hibiclens

Night Before the Surgery.

1. Do NOT shave any body part from the neck down including legs and underarms.
2. After your shower, do not use any powder, deodorant, perfumes, lotion
3. Wear fresh laundered pajamas to bed that night and sleep on freshly laundered sheets.
4. Shower again with Hibiclens in the morning following the above instructions
5. Wear freshly laundered clothes to hospital.

Mupiricin Ointment

1. Begin using Mupiricin ointment 5 days prior to surgery.
2. Use a Q-Tip to apply mupiricin in both nostrils 2 times a day for a total of 10 doses.
3. If your surgery is less than five days away begin Mupiricin now and use up until and including the morning of surgery.